# **NBC CARE TEAM**

#### Overview

Serving on the NBC Care Team may look different for each member.

The roles are tailored to suit the unique gifts of each member and the diversity of needs within our church. The NBC Care Team has loosely divided into two categories: 'Shepherding Care' and 'Practical Care'.

Those who serve on the NBC Care Team in a 'Shepherding Care' capacity are gifted and willing to listen, pray with and provide spiritual support to people in long or short-term need. These team members will compassionately disciple others through difficulty.

Those who form the 'Practical Care' arm of the team are people with servant hearts and the capacity to provide support to those who are unable to perform daily tasks due to crisis, illness or long-term need. These team members will show the love of Jesus through practical help.

Of course there is nothing stopping you from functioning in both spheres.

The NBC Care Team will be principally focused toward supporting and training the 'Shepherding Care' providers. They will meet once every eight weeks to be progressively equipped and constantly supported in this ministry. We understand that this is a significant commitment when added to the time you are investing into the lives that you are serving. However, we are also convinced that without ongoing encouragement and development carers quickly become fatigued and disheartened in this ministry.

#### How we see this working:

Needs will be posted online in a confidential platform and team members will have the opportunity to respond to the requests. In some instances, when needs are especially private or critical, a member of the NBC staff team will contact a team member individually. This will be on a case-by-case basis as assessed by the pastoral staff.

#### **Role Descriptions**

### **Shepherding Care**

Examples of care provided:

- Supporting people during times of change: new mothers, breakups, job changes
- · Journeying with people undergoing medical treatment
- · Visitation for people with long-term illness

#### Qualities of the carer:

- Openness to pray with people, read the bible and have spiritual conversations
- · Active listening skills
- · Empathy
- · Availability/time
- · Other-centred
- Servant heart ability to give without expecting anything in return.
- · Appropriate confidentiality
- · Attending the NBC training once every eight weeks.

## **Practical Care**

Examples of care provided:

- Transport
- Errands: groceries, pharmacy scripts, etc
- Meals
- Attending doctors' appointments
- Emergency childcare support

## Qualities of the carer:

- Reliable
- · Servant heart
- · Skills to suit the job
- WWCC & Safe Ministry Training

## **Next Steps**

If you are interested in joining the NBC Care Team, please head to: <a href="https://www.narrabeenbaptist.org.au/church-resources">www.narrabeenbaptist.org.au/church-resources</a> and fill out <a href="https://www.narrabeenbaptist.org.au/church-resources">NBC Care Expression of Interest Form</a>